



## EAPM News for members October 2023



# News for members

October 2023

*EAPM News* is part of the EAPM membership and is as such exclusively sent to EAPM members about three times per year.

### Welcome to EAPM Lausanne 2024

**Read the Welcome Message and find out about Symposium and Workshop Submission.**



- 1 [From the EAPM President](#)
  - 2 [The Editor's choice October 2023](#)
  - 3 [EAPM Board](#)
  - 4 [EAPM 2023 Wroclaw Conference report](#)
  - 5 [Olga Tokarczuk: Wounded Place, Wounded Person...](#)
  - 6 [EAPM papers: An example from the Netherlands](#)
  - 7 [Join in! EAPM pages in the JPR](#)
  - 8 [Join in! – use our listserv](#)
  - 9 [Kick-off Meeting SIG Climate Crisis and Mental Health](#)
  - 10 [Calendar of Events](#)
- 

## 1. From the EAPM President



**Michael Sharpe MD, EAPM  
President**

EAPM exists to support its members in their important work. It does that by its annual meetings, by creating opportunities to network with others across countries in education and research, and by clearly voicing the need for a more biopsychosocial approach to medical care internationally.

Our last annual meeting in Wroclaw was a great success, thanks to Joanna Rymaszewska and her colleagues. We now look forward to our next meeting in Lausanne in June 2024, which is being skilfully organised by Fritz Stiefel and his colleagues.

As always I would like to thank all our Board members for freely giving their time to EAPM. They are working on maximizing the benefits of membership, and ensuring the efficiency of our administration in order to offer value to our members. The Board is also currently working on creating additional opportunities for members to link across countries, in order to share educational resources and collaborate on research. With this in mind



that Judith Rosmalen and colleagues are planning to apply for a new research programme to build on the work already done, so please support her if asked to do so.

With our mission to transform health care in mind, we have been working with the leaders of international organisations which share our aims, to create a 'global alliance for integrated biopsychosocial health care'. The aims of this alliance are to increase recognition of the need for a biopsychosocial approach, to lobby for 'mental health/psychological/psychiatric' clinicians being part of general health care, to promote training of all clinicians in the biopsychosocial approach, and to collaborate on inter-disciplinary research relevant to biopsychosocial health care. The organizations we are currently in productive dialogue with include: ACLP <https://www.clpsychiatry.org/>, ICPM <https://www.icpmonline.org/>, ISBM <https://www.isbm.info/> and EACLIPT <https://www.eaclipt.org/>

Thinking about the wider world, I am sure you will join with me in expressing our concern about the negative effects on the health of many people, resulting from conflicts in Ukraine and the Middle East, and our strong support for our clinical colleagues working to help them.

Finally, I hope I shall see some of you at the ACLP meeting in Austin, Texas this November and ALL of you at our EAPM meeting in Lausanne in June 2024: our meetings get better and better, so don't miss it. And thank you for being a member of our Association. We can achieve more together.

Michael Sharpe

President of the European Association of Consultation-Liaison Psychiatry, Psychosomatic Medicine and Integrated Care.

October 2023

**back to top**

---

## 2. The Editor's choice October 2023

*written by Jess G. Fiedorowicz, Editor-in-Chief, Journal of Psychosomatic Research, Professor and Senior Research Chair in Adult Psychiatry, University of Ottawa, Head and Chief of Mental Health, The Ottawa Hospital Scientist, Ottawa Hospital Research Institute, and Antonina*



**Jess Fiedorowicz, JPR's Editor-in-Chief**

## **somatic symptoms”**

This quarter's Editor's Choice presents a unique study designed to address relevant assumptions in psychosomatic medicine that are seldom tested.

The study "Helpful explanatory models for persistent somatic symptoms (HERMES): Results of a three-arm randomized-controlled pilot trial" by Angelika Weigel, Paul Hüsing, Magdalena Junge and Bernd

Löwe<sup>1</sup> piqued our interest as it sought to directly test the impact of having a theoretical model of persistent somatic symptoms, with or without personalization, against a no explanatory model control group on somatic symptom severity and psychological burden. Theoretical models are ubiquitous in psychotherapy and can provide the framework to understand the condition and plan treatment. The underlying etiological theories can also inspire additional techniques that can be tested. Having a particular theoretical frame may also engage patients, particularly when that theoretical framework can be individualized or personalized to the clients unique lived experience, preferences, and needs. Studies testing the effectiveness of psychotherapies based on some theoretical model are the norm. Rare are studies designed to test the value of the etiological model or whether personalization of the therapy to that model influences outcomes. HERMES is unique in having been designed with this in mind. Angelika Weigel and her collaborators from Hamburg, Germany concisely summarize their findings in the following passage:...[READ FULL EDITOR'S CHOICE](#)

**Read full article "*Helpful explanatory models for persistent somatic symptoms (HERMES): Results of a three-arm randomized-controlled pilot trial*"**



Journal of  
Psychosomatic Research

[back to top](#)



**Peter Henningsen** was elected as Board member at the General Assembly in Wroclaw on June 15th, 2023. **Cedric Lemogne** was assigned co-opted Board member.

We also had to say goodbye to Wolfgang Söllner and Christoph Pieh! Thank you for all the years you have so actively supported the EAPM!

Find out more about our current Board Members.

## Board member during the last 10 EAPM conferences

Having said this we would also thank all who have been engaged in the work of the EAPM Board for the last ten conferences.



[back to top](#)

## Report of the EAPM 2023 Wroclaw Conference



Report on the 10th annual EAPM conference in Wroclaw, Poland written by Marta Lenart-Bugla and Michael Sharpe Several hundred participants from all over the world, 36 sessions and workshops, 10 experts in the field of ... Continue reading



**EAPM - The European Association of Consultation-Liaison  
Psychiatry, Psychosomatic Medicine and Integrated Care**

0

[back to top](#)

## 5. Wounded Place, Wounded Person – an introduction to Psychotopics

Read EAPM 2023 Wroclaw Opening speech by written by Nobel Prize Winner Olga Tokarczuk

### EAPM 2023 Wroclaw Opening by Olga Tokarczuk



Olga Tokarczuk WOUNDED PLACE, WOUNDED PERSON. AN INTRODUCTION TO PSYCHOTOPICS (see text as pdf) The copyright of Olga Tokarczuk's talk at the opening ceremony remains with her, and the text of her talk at the ... Continue reading



**EAPM - The European Association of Consultation-Liaison  
Psychiatry, Psychosomatic Medicine and Integrated Care**

0

[back to top](#)

## 1. Introduction

Interdisciplinary collaboration seems to be the key to providing quality care for patients with Persistent Somatic Symptoms (PSS), especially for those patients with severe symptoms [1]. Indeed, integration of somatic and psychological care is necessary when diagnosing and treating PSS, but appears challenging in clinical practice. Support from regional or national networks in bringing together knowledge and practical experiences will most likely facilitate the process of interdisciplinary collaboration [2].

In the Netherlands, the national Network Persistent Somatic Symptoms (In Dutch: Netwerk Aanhoudende Lichamelijke Klachten, abbreviated NALK, [www.NALK.info](http://www.NALK.info)

) was established in 2011. Under the guidance of an expert board, the network set itself the broad goal of improving the quality of care for patients with PSS. With the rapid scientific advances in the field, including a shift of focus from medically unexplained symptoms to persistent somatic symptoms, the board felt a need to explore what the future of the network should look like. Therefore, in 2022, both the network's mission and vision were revised, in close collaboration with professionals and patients.

In the present paper, we describe the process of finding a new focus for the Dutch national network of professionals in the field of PSS. With this Dutch example, we would like to inspire similar organizations throughout Europe to improve collaboration in PSS on a national level.

[READ FULL TEXT](#)

[back to top](#)

---

## 7. Join in! EAPM pages in the Journal of Psychosomatic Research

A section of the journal is devoted to topics of particular relevance to EAPM.

As part of the agreement with the Journal of Psychosomatic Research, EAPM has a quota of 48 pages per year for EAPM-related matters, including papers, letters, news, advertisements, publications of C-L activities in various European countries and much more.



## Instructions for authors of EAPM pages

EAPM contributions should not exceed 1000 words. Contributions are not meant to publish results of specific disease-related research; topics covered should be of general interest, stem from countries participating in the EAPM or refer to EAPM activities. EAPM contributions are not peer-reviewed but subject to editorial approval. In case of doubt about the suitability of a subject, please **contact** Prof. Else Guthrie ([eapm-pages@eapm.eu.com](mailto:eapm-pages@eapm.eu.com)), Associate Editor for EAPM pages.

**Submit your article for EAPM pages NOW**

You will be redirected to the JPR's Editorial manager

[back to top](#)

---

## 8. Join in! – use our listserv

The EAPM members' clinical network list exists to provide a forum for all individual EAPM members to exchange information. Its uses include seeking advice on clinical issues and services and sharing ideas and collaborating on research. It can also be used to share relevant publications and documents. The list is maintained by the EAPM.

Send a message to EAPM members via our listserv, mail to:

[EAPMMEMBERSCLINICALNET@HOME.EASE.LSOFT.COM](mailto:EAPMMEMBERSCLINICALNET@HOME.EASE.LSOFT.COM)

[back to top](#)

---

## 10. Kick-off Meeting Newly Founded SIG Climate Crisis and Mental Health

We are happy to announce that we founded a new SIG on this highly relevant and urgent topic. We welcome anyone who is interested in hearing more about our activities or joining the SIG to our kick-off meeting on Friday, November 3rd from 10 AM to 11:30 AM (CET).



## 11. Calendar of Events

Do you have a date for us that you would like to add or share? For example, a meeting in your country? Please do not hesitate and send it to our administration: [contact@eapm.eu.com](mailto:contact@eapm.eu.com)

### November 2023

Thu 2



**ВСЕУКРАЇНСЬКА  
АСОЦІАЦІЯ  
ПСИХОСОМАТИЧНОЇ  
МЕДИЦИНИ**

November 2 – November 3

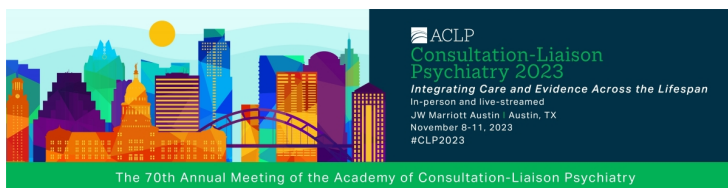
### UPMA Conference

online , Ukraine

Annual conference of the UPMA, the Ukrainian Psychosomatic Medicine Association.

Language: Ukrainian

Wed 8



November 8 – November 11

### ACLP 2023 Conference

Austin, Texas, USA , United States

CLP 2023 Conference

Annual Meeting of the Academy of Consultation-Liaison Psychiatry (ACLP)

November 8 – November 11, 2023

CLP 2023



12. June 2024 – 15. June 2024

## EAPM Conference Lausanne 2024

University of Lausanne , Switzerland

11th Annual Meeting of the EAPM

12 – 15 June 2024

Language: English

## September 2025

Wed 10

10. September 2025 – 13. September 2025

## EAPM Conference Munich 2025

University of Munich , Germany

12th Annual Meeting of the EAPM

10 – 13 September 2025

Language: English

[back to top](#)

---

[back to top](#)



## 0 Comments

## Leave a Reply

Logged in as Isabel Winter. [Edit your profile](#). [Log out?](#) Required fields are marked \*

What's on your mind?

**Question about membership  
or other topics? Contact us.**

EMAIL EAPM

POST COMMENT

Pay your 2023 EAPM membership fee

[IMPRINT](#)

[DISCLAIMER](#)